



Merikay H. Tillman, MS

## MERIKAY H TILLMAN ACTIVATOR DEVELOPER RELATOR

Merikay H. Tillman, M.S. is the founder of COACH MKay Companies, LLC an organization excelling in creating breakthrough performance in team connections and patient experience to improve relationships and business results.

Merikay's passion has always been Healthcare. Even though practicing dentistry every day wasn't her calling, she discovered her passion for helping dentists run practices more efficiently and manage people more effectively. This led Merikay to work as a consultant for two healthcare firms helping dental practices and physician groups build their teams and business results. In 2012, Merikay was recruited to serve as the Patient Experience Coach for UNC Healthcare of High Point - leading the charge to enhance team engagement and improve patient satisfaction. She speaks to associations nationally about the power of teams, communications, success strategies and leadership.

Merikay is a former multi-course certified Dale Carnegie instructor with over a decade of experience. She helps audiences understand the powerful principles of winning friends and positively influencing others. She is willing to dig into her personal life and share the ups and downs and ever changing career to inspire people to let go of the past, embrace today and live joyfully for tomorrow! Merikay is a former adjunct chaplain with a master's degree in counseling who uses her enthusiasm to uplift and renew your spirit.

**KEY DEVELOPMENT AREAS Team Connections Communications Success Strategies** Leadership

"Merikay is a true professional. Her messages inspire audiences to action. Some speakers educate, some give hope and some entertain. With Merikay, she is a blend of all three."

- Linda Miles, Founder Linda Miles & Associates Founder, Speaking Consulting Network